

# **International Bereavement Education Conference** Bereavement in the modern world: Kindness in the chaos

## Tuesday 3 December 2024 - Virtual Conference Programme

Chair: Dr Ken Donaldson, Medical Director / Associate Postgraduate Dean for Grief and Bereavement, NHS Dumfries & Galloway / NHS Education for Scotland

09:15 Welcome - Conference Opening Reflections

09:35 The truth about suicide, the impact on staff and what helps

**Dr Rachel Gibbons** 

Chair Working Group on the Effect of Suicide and Homicide on Clinicians Vice-Chair of the Psychotherapy Faculty, Royal College of Psychiatrists Consultant Psychiatrist and Consultant Medical Psychotherapist

10:20 What Remains: using animation to engage audiences with **Professor Erica Borgstrom** after-death practices Professor of Medical Anthropology, The Open University

Co-editor in Chief for Mortality

Co-editor of the book series Death and Culture

Council Member for the Association for the Study of Death and Society

11:05 **Break** 

#### 11:35 Parallel Sessions

1. Help Researchers from the University of Glasgow Develop a Bereavement Toolkit for Care Home Staff **Professor Bridget Johnston** 

Clinical Professor of Nursing and Palliative Care

University of Glasgow / NHS Greater Glasgow & Clyde

**Dr Maria Drummond** 

Post Doctoral Research Associate University of Glasgow

2. "Your Child has Died" - Using simulation training to improve care for bereaved families

**Gill Burton Education Manager** 

Scottish Cot Death Trust

3. Bereavement Following a Sudden Cardiac Death

**Helena Davison** 

Clinical Nurse Specialist and Co-ordinator for Sudden Cardiac Death and OOHCA Inherited Cardiac Conditions West of Scotland NHS Greater Glasgow & Clyde

Lisa Hay

Registered Genetic Counsellor NHS Greater Glasgow & Clyde

4. My Grief My Way: the development of an online bereavement support package integrating **Acceptance and Commitment Training and grief theories** 

**David Gillanders** Senior Lecturer in Clinical Psychology

**Anne Finucane** 

Senior Marie Curie Research Fellow

**Anne Canny** 

Research Associate University of Edinburgh

5. Bereavement in the Workplace: responding to the death of a colleague

**Lynne Innes** 

Lead for Spiritual Staff Care & Wellbeing

**NHS Fife** 

### Chair: Dr Graham Whyte, Consultant in Palliative Medicine / Associate Postgraduate Dean for Grief and Bereavement, Marie Curie Hospice, Glasgow / NHS Education for Scotland

#### 13:25 Afternoon Plenary

**Poster Winners Announced** 

Death in Paradise - a particularly tragic event

Dr C George M Fernie

Senior Medical Reviewer and Caldicott Guardian, Healthcare Improvement Scotland Appraisal Lead, National Services Scotland and Partner Organisation Vice Chair, UK Caldicott Guardian Council Visiting Professor, Centre for Contemporary Coronial Law, The University of Bolton

14:15 The Language of Grief: How metaphors can help us to understand and **Dr Sarah Turner** support the grieving process Assistant Professor (Research) of Cognitive Linguistics Centre for Arts, Memory and Communities, Coventry University

15:00 **Break** 

15:20 Afternoon Parallel Sessions

6. Singing for Happiness

**Samir Savant** 

**Chief Executive** St George's Bristol

**Kat Branch** 

Head of Centre for Music **UWE Bristol** 

7. Learning Kindness through Literature: prospects and limitations in the UK and Australia

**Dr Tamarin Norwood** 

Leverhulme Early Career Research Fellow Loughborough University

**Dr Loralie Rodrigues** 

Senior Clinical Teaching Fellow, Warwick Medical School

**Sara Ormes** 

Undergraduate Student, Warwick Medical School

**Dr Katharine Gillett** 

Practising Midwife and Lecturer in Midwifery Newcastle School of Nursing and Midwifery Australia

**Professor John Boulton** 

Emeritus Professor and Conjoint Professor, School of Medicine and Public Health University of Newcastle

8. Developing a bereavement competency framework. An evidence base for an eLearning resource for bereavement service providers in the community

**Amanda Roberts** 

National Bereavement Development Manager Irish Hospice Foundation

9. The ripple effect of good self-care and confidence in holding difficult conversations when supporting bereavement and grief

Joe McGeady

**Bereavement Support Services** Lead - Scotland

Kristin O'Neill

Child Bereavement Team Lead, NHS Greater Glasgow & Clyde Child Bereavement UK

10. A Right Delayed is a Right Denied: the role of **Amy Dalrymple** bereavement support in a proposed right to Associate Director of Policy and Public Affairs palliative care in Scotland **Ellie Wagstaff** 

> Senior Policy Manager Marie Curie

11. Informal & Peer-Led Bereavement Support: applying findings of a systematic review to health and social care

**Dr Daniel Knights**GP and Cambridge Clinical Research Fellow
University of Cambridge

16:10 Closing Plenary

Calm in the Chaos: harnessing the power of self compassion

**Dr Wendy Simpson** Health Psychologist Staff Well-being Facilitator NHS Fife

16:55 Closing Remarks Chair

17:00 Conference Close