

NEW TO INTENSIVE CARE BOOTCAMP

Comprehensive one day preparation for your first ICM job. Boosting confidence and maximise learning on the job Samantha Gaw ICM Trainee

Background

The Intensive Care environment is unique and can be daunting to clinicians working here for the first time. Due to existing core topics and complex rotas, there is often not time within departmental inductions to cover a clinical induction.

The bootcamp model is a short, intensive method of skills training and aimed to cover core ICM topics which doctors may face early in their ICM career.

What?

1 day free course

Aimed to act as an induction to ICM for first rotation

Hybrid of lectures and simulation

Topics: ventilation, renal replacement therapy, shock, vasopressors, ICU referrals, rapid sequence induction, tracheostomies

What is needed?

Venue

Tutors- 1:3 ratio with participants

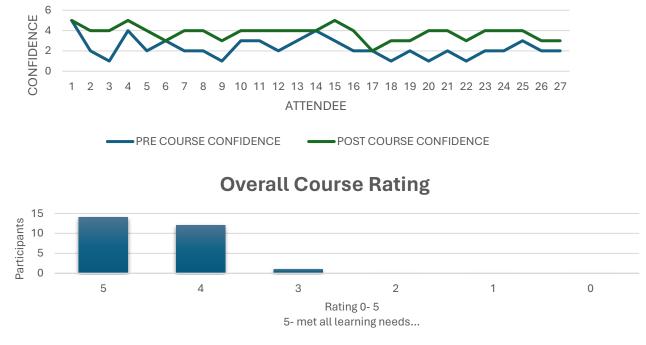
Basic equipment- mannequin, airway kit

Feedback

2 courses ran with 38 attendee's total.

Feedback from 27 doctors showed an increase in self- rated confidence in doing an ICU shift with supervisor on site:

SELF RATED CONFIDENCE IN WORKING IN ICU



What is next

Could be used as regional/ local induction

Would be interesting to follow through attendees and assess any impact on their job Improve quality of feedback