

Project Description

Improving growth and developmental outcomes of neonatal infants by improving neonatal nutritional care.

- Implementing nutrition education teaching packages for staff.
- Rolling out nutritional guidelines based on current research.
- Embracing technology and offering innovative new practices to provide dietetic care by using attend anywhere video clinics.



Background/rationale

Enhancing neonatal nutritional knowledge and highlighting its importance leads to improved outcomes for infants.



Reflections

The neonatal team were very supportive and keen to work collaboratively realising the potential impact on infants outcomes.

Challenges

- Increased clinical workload pressures within a small team
- Financial pressures
- Time constraints

The learning experiences from these challenges have been great and in future projects I will embrace the challenges on the road to improvement.

Results/outcomes

Greater awareness of the importance of neonatal nutrition and its role in improved outcomes.
Enhanced knowledge of neonatal nutrition.
New technology has been embraced in delivering dietetic care.
Ongoing audit continues to be carried out so long term outcomes can be analysed.

Conclusions and what next

My project evolved as my time on the fellowship journey progressed.

New ways of working with advanced technology have been implemented and this became a key part of my project. Using attend anywhere has introduced a new way of delivering dietetic clinical care.

I have now progressed to a neonatal dietetic role. The role is to improve neonatal outcomes building on the work from my NES AHP careers fellowship.