

Chair: Dr Ken Donaldson, Medical Director / Associate Postgraduate Dean for Grief and Bereavement, NHS Dumfries & Galloway / NHS Education for Scotland

09:15 **Welcome - Conference Opening Reflections**

09:35 **The truth about suicide, the impact on staff and what helps** **Dr Rachel Gibbons**
Chair Working Group on the Effect of Suicide and Homicide on Clinicians
Vice-Chair of the Psychotherapy Faculty, Royal College of Psychiatrists
Consultant Psychiatrist and Consultant Medical Psychotherapist

10:20 **What Remains: using animation to engage audiences with after-death practices** **Professor Erica Borgstrom**
Professor of Medical Anthropology, The Open University
Co-editor in Chief for Mortality
Co-editor of the book series Death and Culture
Council Member for the Association for the Study of Death and Society

11:05 **Break**

11:35 **Parallel Sessions**

1. Help Researchers from the University of Glasgow Develop a Bereavement Toolkit for Care Home Staff **Professor Bridget Johnston**
Clinical Professor of Nursing and Palliative Care
University of Glasgow / NHS Greater Glasgow & Clyde
Dr Maria Drummond
Post Doctoral Research Associate
University of Glasgow

2. "Your Child has Died" – Using simulation training to improve care for bereaved families **Gill Burton**
Acting Executive Director
Scottish Cot Death Trust

3. Bereavement Following a Sudden Cardiac Death **Helena Davison**
Clinical Nurse Specialist and Co-ordinator for Sudden Cardiac Death and OOHCA
Inherited Cardiac Conditions West of Scotland
NHS Greater Glasgow & Clyde
Lisa Hay
Registered Genetic Counsellor
NHS Greater Glasgow & Clyde

4. My Grief My Way: the development of an online bereavement support package integrating Acceptance and Commitment Training and grief theories **David Gillanders**
Senior Lecturer in Clinical Psychology
Anne Finucane
Senior Marie Curie Research Fellow
Anne Canny
Research Associate
University of Edinburgh

5. Bereavement in the Workplace: responding to the death of a colleague **Lynne Innes**
Lead for Spiritual Staff Care & Wellbeing
NHS Fife

12:25 **Lunch Break / Poster Viewing**

Chair: Dr Graham Whyte, Consultant in Palliative Medicine / Associate Postgraduate Dean for Grief and Bereavement, Marie Curie Hospice, Glasgow / NHS Education for Scotland

13:25 **Afternoon Plenary**

Poster Winners Announced

Death in Paradise - a particularly tragic event

Dr C George M Fernie

Senior Medical Reviewer and Caldicott Guardian, Healthcare Improvement

Scotland

Appraisal Lead, National Services Scotland and Partner Organisation

Vice Chair, UK Caldicott Guardian

Council

Visiting Professor, Centre for Contemporary Colonial Law, The University of Bolton

14:15 **The Language of Grief: How metaphors can help us to understand and support the grieving process**

Dr Sarah Turner

Assistant Professor (Research) of Cognitive Linguistics
Centre for Arts, Memory and Communities, Coventry University

15:00 **Break**

15:20 **Afternoon Parallel Sessions**

6. Singing for Happiness: Understanding how signing in groups can improve mood and overall wellbeing

Samir Savant

Chief Executive

St George's Bristol

Kat Branch

Head of Centre for Music

UWE Bristol

7. Learning Kindness through Literature: prospects and limitations in the UK and Australia

Dr Tamarin Norwood

Leverhulme Early Career Research Fellow

Loughborough University

Dr Loralie Rodrigues

Senior Clinical Teaching Fellow, Warwick Medical School

Sara Ormes

Undergraduate Student, Warwick Medical School

Dr Katharine Gillett

Practising Midwife and Lecturer in Midwifery

Newcastle School of Nursing and Midwifery Australia

Professor John Boulton

Emeritus Professor and Conjoint Professor, School of Medicine and Public Health

University of Newcastle

8. Developing a bereavement competency framework. An evidence base for an eLearning resource for bereavement service providers in the community

Amanda Roberts

National Bereavement Development

Manager

Irish Hospice Foundation

9. The ripple effect of good self-care and confidence in holding difficult conversations when supporting bereavement and grief

Joe McGeady

Bereavement Support Services

Lead - Scotland

Kristin O'Neill

Child Bereavement Team Lead, NHS Greater Glasgow & Clyde

Child Bereavement UK

10. A Right Delayed is a Right Denied: the role of bereavement support in a proposed right to palliative care in Scotland

Amy Dalrymple

Associate Director of Policy and Public Affairs

Ellie Wagstaff

Senior Policy Manager

Marie Curie

**11. Informal & Peer-Led Bereavement Support:
applying findings of a systematic review to
health and social care**

Dr Daniel Knights
GP and Cambridge Clinical Research Fellow
University of Cambridge

16:10 **Closing Plenary**

Calm in the Chaos: harnessing the power of self compassion

Dr Wendy Simpson
Health Psychologist
Staff Well-being Facilitator
NHS Fife

16:55 **Closing Remarks**

Chair

17:00 **Conference Close**