



### Informed

### Skilled

### Enhanced

### Specialist

Core

NES IMH Online Module



Solihull Approach 2-day Foundation Training



Infant Mental Health Online course  
(Warwick University IMHOL)



Infant-Parent Interventions

#### Specialist Mother & Baby Unit

Interventions could include:

- Video Interaction Guidance
- Circle of Security Parenting
- Child-Parent Psychotherapy

#### NES Essential Perinatal and Infant Mental Health Online Modules

#### Specialist Community Team

Interventions could include:

- Video Interaction Guidance
- Circle of Security Parenting
- Child-Parent Psychotherapy
- Mellow Parenting

#### Primary Care/Community

Interventions could include:

- Circle of Security Parenting
- Solihull Approach Parenting Group

#### Scottish Psychological Trauma Training Plan

#### Connecting with Parents' Motivations

#### Solihull Approach Online

Solihull Approach Foundations Train the Trainer

#### Solihull Approach Advanced module 'Understanding Trauma'

Solihull Approach Foundations Antenatal Training

**Psychoanalytic Observation and Reflective Practice:**  
Therapeutic Work with Children and Young People

Elective