

# Bereavement Support: A Listening Ear for the Whole Community



### Listening Ear Service



## Walk Talk Kernow



## Bereavement Help Points

Listening Ear Service:
Telephone calls for those
who are recently
bereaved (within the last
3 years) and are in
need of some support,
information and
signposting.

Walk Talk Kernow is our free walking adult bereavement support group. Whilst walking in nature, each group provides a space for those who are bereaved and seeking social connections with others

Bereavement Help Points take the form of a free monthly drop-in space for anyone who has been bereaved. A relaxed and supportive group environment for conversations, peer support and signposting

#### • Free of charge

- No previous connection to the hospice required
- No booking required
- Accessible

#### Collaberation

The Listening Lounge with Brandon Trust

Working together to provide a space for aldults with a learning disibility to explore grief and loss. Each monthly session has a craft activity to compliment conversations.

#### **Measure of Success**

Listening Ear service started April 2020

- October 2024 September 2025 340 referrals
- Total referrals since 2020: 565

Walk Talk Kernow started April 2022, walks in 4 areas across Cornwall

October 2024 - September 2025 saw 561 walkers

Bereavement Help Points in 6 locations since January 2023

October 2024 - September 2025 saw 209 attendees

Listening Lounge started January 2025, session numbers vary with a maximum of 8.

• 27 clients supported so far this year "It feels very safe at the Listening Lounge, I can talk about the things that worry me"

For more information call us on 01726 829874 or email communityservices@cornwallhsopice.co.uk

www.cornwallhospicecare.co.uk/our-communityservices/bereavement-support/

