

## South East Enhanced Trainers' Workshop 2025 / 2026

NHS Education for Scotland, Westport 102, West Port, Edinburgh, EH3 9DN

## Wednesday 21 January 2026

| 09:00 - 09:30 | REGISTRATION & REFRESHMENTS  |
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| 09:30 - 09:35 | Introduction   |
| 09:35 - 10:35 | Workshop 1 Artificial Intelligence   |
| 10:35 - 11:05 | REFRESHMENT BREAK  |
| 11:05 - 12:20 | Workshop 2 Emotional Intelligence - Using Transactional Analysis to Understand the Trainer/Trainee Relationship OR Two Houses Approach to Consulting |
| 12:30 - 13:00 | Local Teaching and Study Leave - New From August 2025  |
| 13:00 - 14:00 | LUNCH  |
| 14:00 - 15:00 | NES Update plus Q&A  |
| 15:00 - 15:15 | COMFORT BREAK  |
| 15:15 - 16:15 | Workshop 3 Cultural Humility - Workshop from NES Equality, Diversity and Inclusivity Team OR Beyond SMART - A Broader Approach to PDP Planning       |
| 16:15         | CLOSE  |