

Tuesday 11 November 2025

Tuesday 25 November 2025

09:00 - 09:30 ARRIVAL AND REGISTRATION

09:30 - 10:45 **Workshop 1:** Attendees can choose from either:

A. Emotional Intelligence - Using Transactional Analysis to Understand the Trainer/Registrar Relationship

OR

B. Two Houses Approach to Consulting

10:45 - 11:15 BREAK

11:15 - 12:15 **Workshop 2:** Attendees can choose from either:

A. Cultural Humility

OR

B. Beyond SMART - A Broader Approach to PDP Planning

12:15 - 12:45 **Local Teaching Update**

12:45 - 13:45 LUNCH BREAK

13:45 - 14:45 **Workshop 3**
Artificial Intelligence

14:45 - 15:15 BREAK

15:15 - 16:15 **NES Update**

16:15 CLOSE

Workshop Descriptions

NES and Local Teaching Updates

These sessions will provide updates regarding national and local issues relating to GP training. We will cover the new plans for local teaching and how these link to study leave.

Workshop 1.A - Emotional Intelligence – Using Transactional Analysis to Understand the Trainer/Registrar Relationship

Emotional intelligence is all about awareness of behaviours, our own and others. In this session, we will use the theory of Transactional Analysis as a way to equip educational supervisors with the skills to understand the behaviour of their trainee, and their own response in the clinical supervision relationship.

Workshop 1.B - The Two Houses Approach to Consulting

The aim of this session is to introduce the two houses model of consulting. There will be discussion around its role and potential application in GP training.

Workshop 2.A - Cultural Humility

This session will provide an opportunity for discussions on the topic of cultural humility, its relevance in the workplace, and in our role as educators and trainers. We'll touch on values, what our understanding is of the term culture, and will use some scenarios to discuss what this approach can bring to our relationships and interactions in the workplace.

Workshop 2.B - Beyond SMART – A Broader Approach to PDP Planning

The aim of this session is to think about goal setting for success in GP training. The pros and cons of the SMART approach will be discussed, alongside various other approaches to goal setting.

Workshop 3 - Artificial Intelligence

During this session, we will consider the background and development of artificial intelligence, and then we will discuss the role of generative AI in GP training. We will describe the RCGP guidance relating to this topic.