

Supportive (Restorative) Clinical Supervision Training: NES Psychology Directorate Update

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“ABSOLUTELY FANTASTIC TRAINING”

“IT SURPASSED MY EXPECTATIONS”



Supportive Supervision is an essential and foundational component of clinical supervision, and relates to the ‘weathering eye’ that the supervisor needs to keep over the supervisee’s overall wellbeing at work. This course trains up supervisors of psychological therapies about how to give their supervisees invaluable emotional, practical and social support. It is now rolled out on a Train the Trainer basis to NHS Boards.

This Supportive Supervision Course aims to:

- ensure safe and effective clinical practice
- buffers against staff burnout
- enhance supervisee wellbeing



164
Staff trained
to date

6

NHS Boards now have staff trained to deliver the training internally

2

DClinPsy Practice Teams trained up to deliver the training

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