

Thursday 29 January 2026

09:00 - 09:30	REGISTRATION	UHI Lecture Theatre (1st Floor)
09:30 - 10:30	NES Update and Q&A	
10:30 - 11:00	Recruitment Q&A	
11:00 - 11:30	BREAK	
11:30 - 12:45	Workshop 1 Emotional Intelligence - Using Transactional Analysis to Understand the Trainer/Trainee Relationship OR Two Houses Approach to Consulting	
12:45 - 13:45	LUNCH	
13:45 - 14:45	Workshop 2 Artificial Intelligence	
14:45 - 15:15	COMFORT BREAK	
15:15 - 16:15	Workshop 3 Cultural Humility - Workshop from NES Equality, Diversity and Inclusivity Team OR Beyond SMART - A Broader Approach to PDP Planning	
16:15 - 16:30	Plenary & Close	