

Thursday 29 January 2026

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| 09:00 - 09:30 | REGISTRATION | UHI Lecture Theatre (1st Floor) |
| 09:30 - 10:30 | NES Update and Q&A | |
| 10:30 - 11:00 | Recruitment Q&A | |
| 11:00 - 11:30 | BREAK | |
| 11:30 - 12:45 | Workshop 1 Emotional Intelligence - Using Transactional Analysis to Understand the Trainer/Trainee Relationship OR Two Houses Approach to Consulting | |
| 12:45 - 13:45 | LUNCH | |
| 13:45 - 14:45 | Workshop 2 Artificial Intelligence | |
| 14:45 - 15:15 | COMFORT BREAK | |
| 15:15 - 16:15 | Workshop 3 Cultural Humility - Workshop from NES Equality, Diversity and Inclusivity Team OR Beyond SMART - A Broader Approach to PDP Planning | |
| 16:15 - 16:30 | Plenary & Close | |