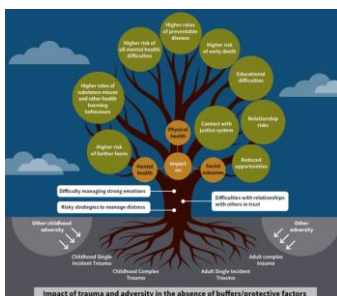




‘Developing and delivering a co-produced workshop on compassionate physiological birth at home for midwives’

Introduction:

Best Start (The Scottish Government, 2017) emphasises positive outcomes for women and babies through providing compassionate individualised relationship-based continuity of care for the women of Scotland. This includes women being informed of the evidence around safe birth choices and place of birth. Home birth rates in Scotland are low (less than 1%) with choices for women being intertwined with on-call arrangements and lack of exposure to physiological birth for attending midwives. Working with individual NHS boards this workshop has been locally designed to address the needs and concerns of midwives to improve confidence, skills and knowledge in caring compassionately and safely for a woman birthing at home.



Methods:

A co-production framework was used to enable the workshops to stay meaningful to the local concerns and needs. A programme was initiated and then delivered face to face in 3 different NHS boards in Scotland. This evolved through feedback and evaluations of what went well and what could have been better. Quality Improvement methods were used to consolidate learning of facilitators and plan the next steps.

Results/Discussion:

Leadership and staff engagement is good, with requests to attend from midwives and the leadership teams, there is positive feedback and willingness to consider how to change cultures and conversations through education and creating safe spaces to learn. Midwives report being more informed and confident around home birth. Leadership teams report a better understanding of how to support the midwives.



Conclusion:

Engaging all levels of staff where education will have an impact on provision of care for the woman as well as the workforce has worked well. Leadership teams are acting on the reports that are supplied to them by the educator team and can listen to staffing needs and requirements. Providing educational workshops through a lens of trauma informed practice and quality improvement creates a useful and positively evaluated workshop.



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Refs: The Scottish Government (2017): The Best Start

<https://www.gov.scot/publications/best-start-five-year-forward-plan-maternity-neonatal-care-scotland/pages/2/>